

The Dr. Dawn M. Hodges
Outreach Program

Workshop for parents & educators Series

presented by The Hill School of Wilmington

2019 - 2020 Schedule



What Does a Learning Difference Look Like?

October 17th

Learning differences are neurological differences that affect how the brain receives, processes, stores and responds to information. But what do these differences look like in the classroom? Join us as we discuss the characteristics of learning differences such as dyslexia, dysgraphia, and ADHD and how these differences affect students in the general classroom.

Fostering a Growth Mindset

November 21st

Developing grit, resilience, work ethic, and persistence takes time. Students often use phrases such as, "I can't," or "It's too hard." But Dr. Carol Dweck, psychologist, author, and pioneer of the Growth Mindset Theory, says failure is an opportunity for success. Join us as we examine Dr. Dweck's work and how we can cultivate this kind of thinking within our children.

Food for Thought: Nutrition & Your Brain

January 30th

Explore how reducing inflammation in the body and stabilizing blood-sugar levels can contribute to improving attention and focus at school. Information presented will demonstrate a link between what children consume to its impact on their ability to concentrate and maintain energy throughout the day. This workshop is for parents of school-aged children.

Preparing for College

March 26th

This informative workshop is designed to educate parents of high schoolers on steps they can take to help ensure a smooth transition from high school to a post-secondary education. Strategies to empower learning disabled students as they transition will be discussed, with the goal of giving them the confidence and skills needed to succeed in college and beyond.



The Hill School
of Wilmington

All sessions start at 6:00PM at The Hill School • Registration is required

3333 Jaeckle Dr., Ste. 140 • Wilmington, NC 28403 • 910.685.3734

Register on our website at www.hillschoolofwilmington.org/events-calendar